



Girl Guides

Go Safely with Road Safety Activity Book



Name:.....

Unit:.....



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Road Safety isn't just about crossing the road. There are other things to think about such as:

- Being seen
- In-car safety
- Cycling
- Safer crossing places
- Green Cross Code

Can you think of anymore?

- _____
- _____
- _____

How can we spread the word about Road Safety?

It's up to you!

Inside this book are plenty of ideas. Spend time discussing what's best for you before starting!

What about a play?

Acting is a good way of getting a message across. When people see something they remember it more than if they are told about it.

Make your own costumes and props too.

Perform it to your fellow Guides, Brownies or Rainbows.

But if acting doesn't appeal to you, how about...

Making a Video!

When you are out and about there is always someone doing something silly or dangerous.

Remember: before you film someone, you will need to obtain their permission

Some ideas to get you started:

- How to cross the road safely
- Where not to cross and why (e.g. between parked cars)
- Proper safety gear when cycling (e.g. lights, reflectives)

Patrol Activities

Let's go for a walk!

1. Get permission from parents or guardians
2. Plan a route
3. Think about where you will walk across roads
4. Always stay together
5. Wear sensible shoes and clothing
6. How about a picnic?
7. Practice your Green Cross Code
8. Collect items to make a collage when you get back
9. Check your plans with a Guider

Create a road safety board game

Include safer crossing places and people, road signs and street furniture (letter boxes, barriers, street lights etc).

Make the counters into vehicle shapes.

Your local Brownie pack would welcome a visit from your patrol. They would also learn about road safety and the rules of the road.

The game could be active enough for the rest of the Guide company to take part in. What else could you do?

Fancy some food?

You could organise a party for your patrol, and make all the food too!

Discuss where you could cook it. How can you provide all the ingredients needed? Maybe there will be enough money in the patrol funds or ask your Guider if Unit funds could help.

What can you cook?

- Mashed potato hedgehog with small sausages placed in it
- Traffic light biscuits using red, orange and green cherries
- Three-coloured jelly (red, orange and green)
- Sandwiches cut into car or lorry shapes
- Any other ideas? How about something to look like a bicycle!

Highway Code

Know the Highway Code as it applies to cyclists and pedestrians, in fact to everyone who uses the road.

Quick quiz:

1. What are the six rules of the Green Cross Code?
2. Name five safer crossing places to cross the road
3. Who are the three people allowed to stop traffic?
4. What is the correct sequence of the lights on traffic lights?
5. Road signs give information warnings and orders. What shapes are they?
6. What is the best coloured clothing to wear during the day and at night?
7. What are the main causes of road accidents to children of your age in your area?
8. What can we do about this?
9. How can having a road accident affect our lives in the future?

Use your artistic talents to design a poster or leaflet for a Road Safety campaign. Some ideas could be:

- Being seen by day and night
- The Green Cross Code
- Using the School Crossing Patrol

Rainbow Guide Leader

Once this book has been completed, you can download a certificate from www.cornwall.gov.uk/youthorganisations

If you have any queries about this book or have any questions about road safety issues please contact:

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