

How much will it cost?

Cornwall Council will carry out a financial assessment to determine how much your contribution will be towards your stay.



How can you access Lowena?

People with a disability or their carers who are eligible to receive a service from Cornwall Council's Adult Care can ask for an assessment for respite.

We are currently not able to accept direct payments

The length and frequency of short breaks will be agreed with your Social Worker, following an assessment. This may also include a visit to view our facilities.

Once approved, someone from the service will contact you to discuss your needs and how these can be met during your short break.

For further information please call Cornwall Council – Adult Care & Support or contact your Social Worker or Case Co-ordinator if you already have one

Adult Care and Support at Cornwall Council
- Tel: 0300 1234 131

Lowena Respite
Lowena, Mitchell Hill, Truro, Cornwall, TR1 1JX
Tel: 01872 270013
Email: Lowena@cornwall.gov.uk

Registered Manager: Alex Richards
Team Leader: Dan Woodroffe

Lowena



Respite Care for Adults
aged 18+ with Learning
Disabilities and Sensory
Loss

Community & support
Service

What we offer:

Lowena is a 14-bedroom respite centre run by Cornwall Council. We provide short breaks for adults, aged 18+, who have a learning disability and/or sensory loss.

At Lowena we offer expert respite care tailored to the needs of people using our service. Respite care enables the person caring for a family member to take a well-earned break in the knowledge that their loved one is receiving the very best care.

We have a fully trained friendly team that will meet with you and your family prior to using our service. This offers us a great opportunity to get to know you and discover what is important to you. This will enable us to create a plan of care that is personalised to meet your needs and support you to meet your personal goals.

We will meet with you and your family regularly to keep you updated and received feedback. Lowena is open 24hours a day, 7 days a week. We aim to build strong relationships and meaningful connections to allow us to provide the best care, and support to you and your family.

Lowena provides a homely atmosphere and creates an environment for you to meet with new people and try new activities. At Lowena we promote independence and provide choice. Our team will treat you with dignity and respect.

The length of your stay can vary according to your needs and the availability of our rooms.

Our Facilities

Lowena is a ground floor establishment with 14 single fully furnished bedrooms. We have disability access throughout the entire building and specialised equipment.

Each bedroom room has a remote-control Freeview television and DVD player, together with a call bell system to alert staff if you need them.



We have 3 lounges, and 2 kitchens where you can make yourself at home and learn new cooking skills.

Our lounge and dining room areas have Freeview television and we have free Wi-Fi access throughout the building.



Lowena is situated near the centre of Truro with a 5-minute walk to get to the town centre. We are next door to a recreational ground and have lots of outdoor space to enjoy, including a sensory garden.



We offer a wide range of activities and experiences, often taking full advantage of what the City of Truro has to offer.

The team enjoy arranging themed evenings, parties and BBQ's for you to join in if you choose.

We have many resources such as games, puzzles, Computer games and crafts. We also have a relaxing sensory room.

Meals

Mealtimes are a great opportunity for people to come together, enjoy good food and socialise. Meals are cooked and prepared by the team. We offer a large range of menu choices and can cater to dietary needs.

Drinks and snacks are available and offered throughout the day.