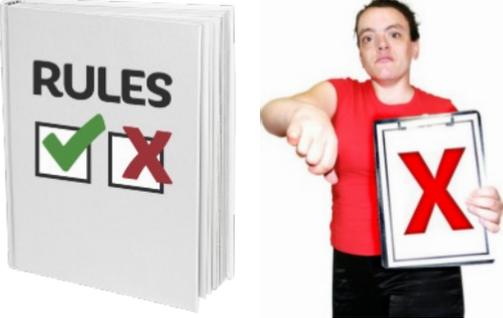


	<h2 style="text-align: center;">Update on Wearing Face Coverings on Public Transport</h2>
	<p>The Government have asked us to wear face coverings on public transport to help us all travel safely.</p>
	<p>Public transport includes buses and trains.</p> <p>Taxis are not public transport, but some taxis may ask you to wear a face covering.</p>
	<p>The Government have said some people have a 'reasonable excuse' not to follow the face covering rule.</p> <p>This is called an exemption to the rules.</p>
	<p>Exemptions to the rules include:</p> <p>If you have a disability that means:</p> <ul style="list-style-type: none"> - You cannot put a face covering on. - You cannot wear or remove a face covering.



If putting on a face covering would cause you **'severe distress'**.

If you **use lip reading to communicate**, the person supporting you to use public transport does not have to wear a face covering.



You do not have to wear a face covering if you are **using public transport to escape danger**, and you **don't have a face covering with you**.



You can take your face covering off if it is **'essential'** for you to:

- Eat
- Drink
- Take medication.



If you are not sure whether you are exempt from wearing a face covering ask for help.

You could ask:

- Your doctor
- A member of your family
- Your support worker or
- Someone else you trust.



You can get a card to show that you are exempt from needing to wear a face covering on public transport.



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	<p>The card can be found here: https://www.firstgroup.com/help-and-support/coronavirus-information/face-coverings#journey-card</p>
	<p>If you need help to do this ask someone you trust to help you.</p> <p>Or you can cut the card out at the end of this guide.</p>
	<p>You will need to show the card when you use public transport.</p> <p>If you can't print the card out then you could write a note to say why you are not wearing a face covering. You could ask someone to write it with you if you need help.</p>
	<p>All the exemptions are listed on the Government website.</p> <p>If you are not sure if you are exempt from wearing a face covering on public transport check before you travel.</p>
	<p>Stay safe and see you soon,</p> <p>From all of us at Cornwall People First.</p> <p>(This guide has been designed using resources from Photosymbols and firstgroup.com.)</p>



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Please be supportive



**I have a health condition
and am exempt from
wearing a face covering**

Thank you



Please be supportive



**I have a disability
and am exempt from
wearing a face covering**

Thank you

