



Meeting Title: Falmouth & Penryn Community Network Panel Meeting

Date: Tuesday 26th January 2021

Time: 6.00pm – 7.30pm

Location: Microsoft Teams

Chaired by: John Bastin

Attendees:

John Bastin CC	Cornwall Councillor, Constantine, Mawnan & Budock
John Symons CC	Cornwall Councillor, Penryn East & Mylor
Jayne Kirkham CC	Cornwall Councillor, Falmouth Smithick
Mary May CC	Cornwall Councillor, Penryn West
Peter Williams CC	Cornwall Councillor, Mabe, St Gluvias & Perranarworthal
David Saunby CC	Cornwall Councillor, Falmouth Trescobeas
Alan Jewell	Cornwall Councillor, Falmouth Boslowick
Darren Willcocks	St Gluvias Parish Council
Brod Ross	Falmouth Town Council
Mark Williams	Falmouth Town Council
Michelle Wilkinson	Mabe Parish Council
Peter Bradley	Mawnan Parish Council
Stuart Douglas	Perranwell Community Speedwatch
Jack Pentecost	Constituency Assistant – Cherilyn Mackrory MP
Ruth Grimmer	University of Exeter
Michelle Lewis	FXPlus
Olga Andrianova	University of Exeter
David Dickinson	University of Exeter
PS Paul Kelly	Devon and Cornwall Police
Vernon White	Resident (Constantine)
Paula Chappell	CC Intermediate Public Health Practitioner – Suicide Prevention
Esther Richmond	CC Community Link Officer
Nikki Drewett	CC Communities Support Assistant
Apologies: Geoffrey Evans	Cornwall Councillor, Falmouth Arwenack
Helen Perry	Clerk, Penryn Town Council
Hayley May	Penryn Town Council

Notes

Notes	Action
<p>1 Welcome, Introductions and Apologies</p> <p>John Bastin CC, Community Network Panel Chair welcomed all present to the meeting.</p>	
<p>2 Public Questions</p> <p>None received.</p>	
<p>3 Notes from the last Meeting 15th December 2020</p> <p>The notes were agreed and approved.</p>	
<p>4 Mental Health and Wellbeing</p> <p>Paula Chappell, Public Health Practitioner (Suicide Prevention and Mental Health) provided a presentation to the Panel (presentation attached with the notes), and an overview of mental health support and the suicide prevention work that is taking place in Cornwall.</p> <p>Key Points:</p> <ul style="list-style-type: none"> • Wellbeing Self Help Apps – Some of the apps are available free and some are paid by a monthly subscription. The NHS recommend certain sleep apps - Sleep apps - NHS (www.nhs.uk) • Mental Health Safety Plans - a personalised, prioritised list of coping strategies and resources for reducing suicide risk, designed to help those who struggle with their suicidal thoughts. More information can be found here - Mental Health Safety plans - Cornwall Council • Male Suicide – a lot of research has been done. Men in their middle ages are at higher risk of dying from suicide. It has been found that men are less likely to seek support and are not comfortable asking for help. There are some organisation that offer support to Men - Support Man Down Cornwall Cornwall (mandown-cornwall.co.uk), Contact Us Samaritans • Silvercloud – is an online cognitive behavioural therapy programme which is available for people to complete at their own pace and has tried and tested modules within each programme to help challenge negative thought and behavioural patterns. Further information can be found SilverCloud Cornwall Partnership NHS Foundation Trust (cornwallft.nhs.uk) <p>Paula is happy to discuss any issues/concerns and can be contacted at: paula.chappell@cornwall.gov.uk</p>	
<p>5 Partner Updates</p> <p><u>Devon and Cornwall Police</u></p> <p>PS Paul Kelly, Devon & Cornwall Police gave an update on Policing in the Community Network Area to the Panel.</p> <ul style="list-style-type: none"> • New Neighbourhood Beat Manager post – currently going through application process and will cover parts of Falmouth and Penryn. 	

Notes	Action
<ul style="list-style-type: none"> • Total number of Officers – 1 x Neighbourhood Manager, 4 x Neighbourhood Beat Managers, 2x PCSO. • A significant rise in complaints regarding Covid19 breaches. There has been a number of reports about second home usage and these have been investigated and a robust approach is now being taken. Second Homes – The Police encourage reporting any suspected breach of Covid19 restrictions. The cases are triaged, and once investigated it often proves the individual has a legitimate reason for being there and is in fact complying. There is a direct link on the website to report Covid19 breaches - Breach of coronavirus (Covid-19) measures Police.uk (www.police.uk) Dedicated Covid19 Patrols in place with funding from Central Government. • The Force Control Strategy remains the same and includes priorities focussing on: <ul style="list-style-type: none"> ○ Domestic Abuse ○ Dangerous Drugs ○ Child Sexual Exploitation ○ Missing Persons ○ Homelessness ○ Modern Day Slavery ○ Cyber Crime • Crime Investigation Department (CID) in Falmouth comprises of 1 x Police Sergeant and 5 Police Constables dealing with Level 1 crimes (volume crime and overnight prisoners) and Police Constables dealing with Level 2 crimes. This has freed up Response Officers. • Working with a Multi-agency Child Exploitation group which includes Social Services and other partners. • Investigating drugs networks in Falmouth & Penryn and Helston. <p>Issues/Concerns raised:</p> <ul style="list-style-type: none"> • Travel/Exercise in local area – This is a very grey area as the Government Guidance is not clear, individuals interpret it in different ways and it is difficult to Police. People need to act responsibly /morally and consider the potential impact on the Emergency Services and the knock on effect this could have. If a person was found to be in breach of these guidelines, the Police would look to enforce. <p>Universities Update</p> <ul style="list-style-type: none"> • Covid19 – University of Exeter have seen the impact that Covid19 and the restrictions in place are having on young people’s wellbeing, causing anxiety etc. The University are taking a holistic approach in supporting students. • Recent party involving up to 40 students on the University Campus – it was confirmed this took place. The University are dealing with the students involved and disciplinary action has been taken including eviction notices served. All individuals involved are now self isolating. The Police were called but didn’t need to attend as it was brought under control very rapidly by the University. 	

Notes	Action
<p>6</p>	<p>Town and Parish Council Updates</p> <p><u>Penryn Town Council</u></p> <p>In light of the current lockdown Penryn Net (Emergency Group) is back up and running to support people in the local community.</p> <p><u>Mabe Parish Council</u></p> <p>Mabe Emergency Group (MEG) has been re-established due to the current situation to support people in the Parish.</p> <p><u>Mawnan Parish Council</u></p> <p>The Neighbourhood Plan has been through several public consultations and the necessary paperwork was agreed this week and will now go to CC for final scrutiny.</p>
<p>7</p>	<p>Cornwall Councillor Updates</p> <p><u>Peter Williams CC</u></p> <p>Has some additional Community Chest money remaining that can be used to support only activities that have helped groups with managing the Covid19 crisis and ways in which they have had to adapt to cope.</p> <p>Action: DW (St Gluvias PC) and MW (Mabe PC) to contact Cllr Williams to discuss.</p>
<p>7</p>	<p>Covid19 Update</p> <p>ER explained to the Panel that Cornwall Council is holding a live Covid-19 briefing at 2pm this Friday - January 29 - via Facebook Live. Cornwall Council Deputy Leader Adam Paynter; Councillor Sally Hawken, Portfolio Holder for Children, Wellbeing and Public Health; Councillor Rob Nolan, Portfolio Holder for Environment and Public Protection; and Director of Public Health, Rachel Wigglesworth, will provide an update and take questions from residents and the media www.facebook.com/events/143079764208983/</p> <p>CC has a Covid19 Data Web Page which has links cover many data sources and give an overview of the situation in Cornwall and the Isles of Scilly https://www.cornwall.gov.uk/coviddata</p>
<p>8</p>	<p>Any Other Business</p> <p>None</p>
<p>9</p>	<p>Date of Next Meeting</p> <p>Tuesday 23rd March 2021 6pm – Microsoft Teams</p> <p>Item to include on the agenda - Climate Change – Climate Change Working Group Feedback/Town & Parish Council Feedback</p>