

Covid-19 Key links to support for people with specialist needs

Funded by CC Adult Social Care and Neighbourhoods Directorates and NHS Kernow Clinical Commissioning Group

DRUG AND ALCOHOL SUPPORT

Anyone concerned about drug and alcohol use or needle exchange can contact We Are With You

Information and advice: <https://www.wearewithyou.org.uk>

Phone: 0333 200 0325

DOMESTIC ABUSE SUPPORT

Anyone concerned about domestic abuse and sexual violence can contact Safer Futures

Phone: 0300 777 4777; or email: saferfutures@firstlight.org.uk

Alternatively you can also access refuge and support via Cornwall Refuge Trust online at <https://www.cornwallrefugetrust.co.uk/> or phone 01872 225629

CARERS SUPPORT

Any adults concerned about coping with caring responsibilities can contact CRCC Kernow Carers Service

Link to local community groups, online groups, or one-to-one phone/digital support

Phone: 0800 5878191; or email: fis@cornwall.gov.uk

MENTAL HEALTH SUPPORT

Anyone worried about their mental health can contact the 24/7 NHS mental health telephone support, advice and triage service.

Support provided by Cornwall Partnership NHS Foundation Trust, Outlook South West, Valued Lives, Pentreath, Rethink and others.

Info and advice: <https://www.cornwallft.nhs.uk/i-need-help-now>

Phone: 0800 038 5300

MULTIPLE NEEDS SUPPORT

Any adults experiencing multiple issues together e.g. managing health/wellbeing/housing/money/multiple risks can contact the Home Group Helpline - support also provided by Harbour Housing, LiveWest and Coastline Housing.

Link to online tools/specialist support, one-to-one phone/digital support

Phone: 07710 709 527; or email: eicountywideoutreach@homegroup.org.uk

ADVOCACY SUPPORT

Any adults concerned about getting their voice heard, including where decisions are being made about their care and support, can contact The Advocacy People (previously SeAp)

One-to-one phone/digital support

Information and advice: <https://www.theadvocacypeople.org.uk/>

Phone: 0330 440 9000; or email: info@theadvocacypeople.org.uk