

Covid-19 Key links to support for people with health and wellbeing needs

Funded by CC Adult Social Care and delivered by the Inclusion Matters partnership - led by Cornwall Rural Community Charity (CRCC) with Age UK Cornwall & Isles of Scilly (Age UK C&IOS), Disability Cornwall, Inclusion Cornwall and the Digital Inclusion team

ONLINE RESOURCE

The Cornwall Link connects individuals, carers, volunteers and professionals with services and activities in their area.

www.cornwall-link.co.uk

(Age UK and Made Open)

TELEPHONE HELPLINE

Adults with health and wellbeing needs impacted by Covid-19 and professionals looking for local services and activities can contact the Inclusion Matters Helpline.

Support available in communities, including on discharge from hospital

Information and advice

Guided conversations

Telephone/online support

Help with practical tasks

Phone: 01872 266383

Email: Helpline@ageukcornwall.org.uk

Monday to Friday 9am to 4.30pm.

Practical Support

Need help with shopping, collecting prescriptions etc - link to local community groups, day centre, or one-to-one practical support (Inclusion Matters partners)

Wellbeing Support

Feeling lonely and isolated - link to local community groups, online groups/tools, or one-to-one phone/digital support (Inclusion Matters partners)

Welfare Support

Concerned about welfare issues - benefits, housing, rights etc - link to online tools, or one-to-one phone/digital support (Inclusion Matters partners)

(For disability related welfare issues you can also contact Disability Cornwall DIAL directly via phone: 01736 759500; or email: advice@dialcornwall.org.uk)

Digital Support

Concerned about how to get online - help to develop digital skills - one-to-one phone/digital support, and online streaming (Inclusion Matters partners)

(You can also contact CRCC directly via phone 01872 243557 or 01872 243534 or email the Digital Inclusion team: digitalinclusion@cornwall.gov.uk)

Transport

Need transport for urgent medical appts or hospital discharge – volunteer drivers, accessible transport and electric vehicle hire (Age UK C&IOS - funded separately – you can also contact directly via phone: 01872 223388; or email: tap.ageuk@nhs.net)