

CORNWALL
COUNCIL

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Cornwall's Adult Social Care Directorate

Helen Charlesworth-May
Community Network Partnership



www.cornwall.gov.uk



Who we are: Adult Social Care and Health

Helen Charlesworth-May – Strategic Director

Suzanne Wixey – Service Director Adult Care and Support

Jonathan Price – Service Director Transformation and
Commissioning

Portfolio holder for Adults - Cllr Rob Rotchell

Chair of Scrutiny Panel (HASOSC) – Cllr Armand Toms

Principal areas covered by ASC

Transformation and Commissioning	
Home Care	Extra Care / Shared Lives / Supportive Lifestyles
Residential and Nursing Care	Day Services and Respite Care
Prevention and Advocacy	Service Development (inc Workforce)
Technology Enabled Care / Community Equipment Loan Service	Safeguarding, Quality and Practice

Adult Care and Support	
Learning Disabilities	Older People
Physical Disabilities	Acute and Community Hospitals
Mental Health	Business Support and Provider Services (inc. Brokerage, Charging & Assessment, Day Services and Tremorvah Industries)



The Care Act – the legislation we follow

The core purpose of adult care and support is to help people to achieve the outcomes that matter to them in their life:

- ASC must promote wellbeing when carrying out any of our care and support functions in respect of a person – ‘wellbeing’ covers a wide range of individual aspects including personal dignity, physical and mental health and protection from abuse and neglect.
- We begin with the assumption that the individual is best-placed to judge their own wellbeing, building on the provisions of the Mental Capacity Act.



Our responsibilities

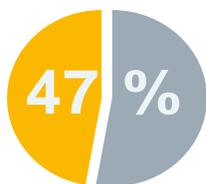
- Cornwall Council and NHS Kernow (the CCG) have statutory duties to commission services that meet the needs of older, disabled and vulnerable people and their carers.
- These include older people, people with dementia, adults with learning disabilities, people on the autistic spectrum, adults with mental health problems and those with physical and sensory disabilities.
- Younger people in transition between childhood and adult NHS and care services are a priority within this work.

Why we need to change

By 2019



1 in 4 of our population will be **aged 65 or over**



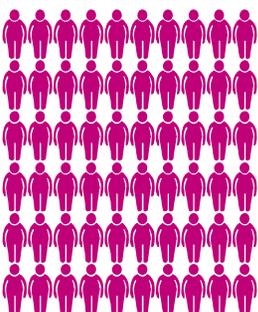
is the expected **increase** in the number of **people aged 75-84** between 2015 and 2025

We are ranked worst in the country for deaths from suicide

Older people can lose **5% of their muscle strength per day** of treatment in a hospital bed



We have high numbers of people with respiratory problems being admitted to hospital avoidably



Around

60 people each day

are staying in an acute hospital bed in Cornwall and don't need to be there



62%

of hospital bed days are occupied by people over 65 years old

83%

of admissions to community hospitals are from acute services, **compared to 42% nationally**



We have a higher mortality rate in adults with a serious mental illness. People with severe mental illness are at risk of dying on average 15 to 20 years earlier than other people



600

care worker vacancies across Cornwall and the Isles of Scilly

We are not achieving the national standard for the diagnosis of dementia



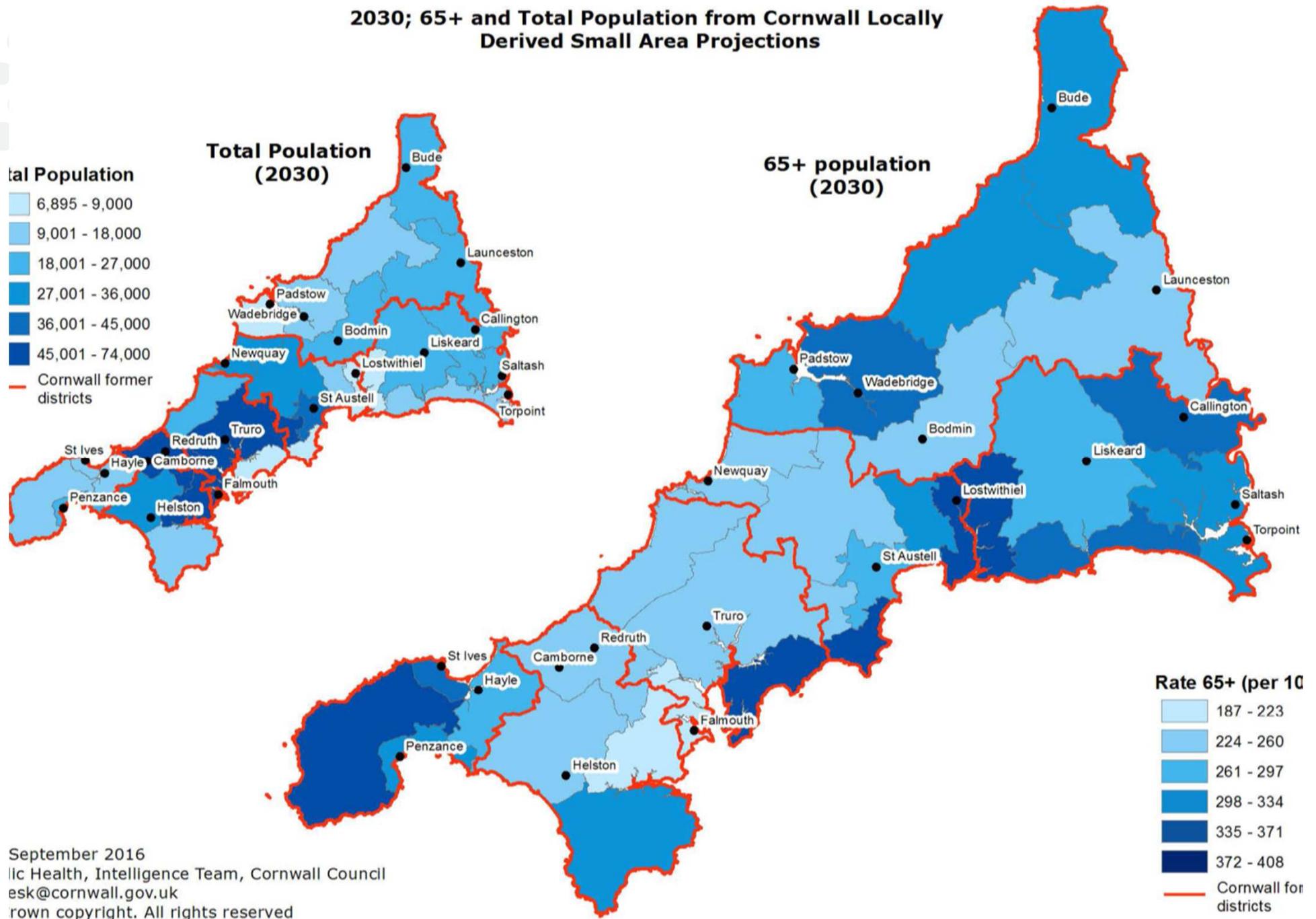
35%

of community hospital bed days are being used by people who are fit to leave



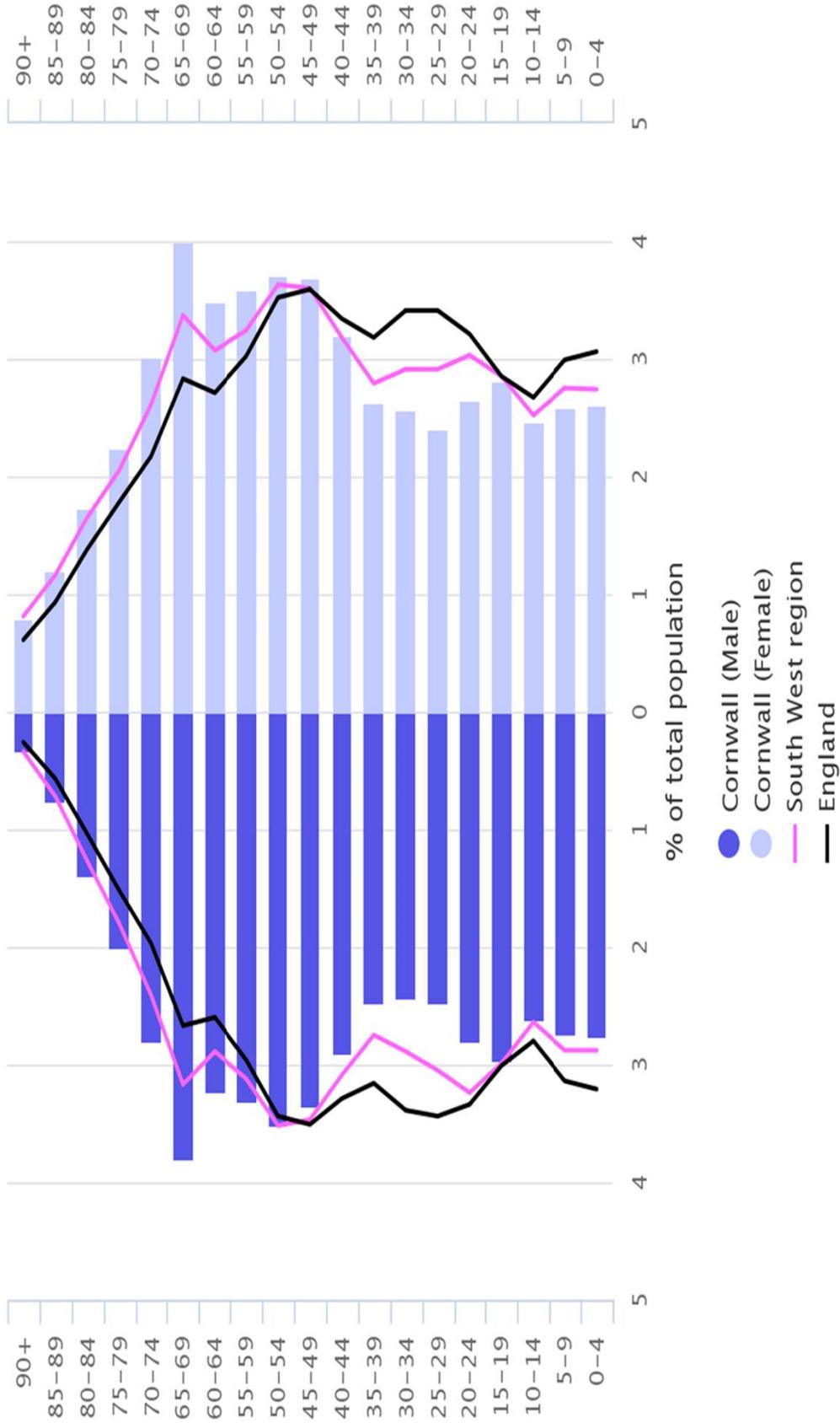
www.cornwall.gov.uk

2030; 65+ and Total Population from Cornwall Locally Derived Small Area Projections



September 2016
 Public Health, Intelligence Team, Cornwall Council
 esk@cornwall.gov.uk
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Age Profile
ONS Mid-year population estimates 2015



Understanding need and supply in Cornwall

- Population as a whole is growing, with an increase in the ageing population and a decline of younger age groups.
- People are living longer with multiple conditions – this means growing demand.
- Significant numbers of older people are living alone.
- Increasing numbers of people are living with long-term illness.
- Increasing numbers of people are living with dementia.
- Lots of people are providing unpaid care.



Our approach – we want to ...

- Promote independence and encourage people to get support in their communities where possible
- Build on people's strengths and help people to help themselves more
- Emphasise prevention and reablement
- Focus more on localities and communities, responding to the needs of the population
- strength-based approach in our social work practice
- Work better together as partners in the health and care system



Our service priorities

- Prevent, reduce and delay dependence on social care services, maximising people's independence
- Ensure that those most vulnerable members of our communities are protected from the risk of harm and abuse
- Changing the way we deliver services to be person-centred



Our service priorities

- Joining up health and social care services so people have the best possible experience of care tailored to their needs
- Work in partnership to help develop a strong and sustainable care market
- Develop our workforce so we have committed, healthy, skilled people where and when they are needed

What are we doing to change?

- Increasing our reablement offer to help people stay in their own homes and communities
- Connecting people to support close to home
- Finding ways to reduce the time people are delayed from returning home on being discharged from hospital
- Developing additional Supported Living and Extra Care accommodation to offer better options for people to live independently
- Developing residential and nursing home capacity.



What services do we buy?

- The Council and the CCG have worked with care providers to develop a Market Position Statement
- The MPS explains our intentions as strategic commissioners of health, care and wellbeing services for Cornwall for 2019-22
- We want to develop a range of provision so that there are high quality, appropriate services to choose from
- We want to help make Cornwall a great place to live and work



Our commissioning intentions

1. Prevention

- Prevention; Independent Advocacy; Carers

2. Integrated Solutions for Independence

- Community Equipment/CELS; Cornwall Home Solutions; Technology-Enabled Care (TEC); Day Opportunities; Accommodation with Care

3. Care Services

- Domiciliary Care (Home Care/Supportive Lifestyles); Shared Lives; Bed Based Care (Nursing, Residential, Short Breaks)

4. Intermediate Care and Reablement



How: our plans for Extra Care

- The term '**Extra Care**' Housing is used to describe developments that comprise self-contained homes with design features and support services available to enable self-care and independent living.
- **Growing evidence of a significant supply gap in Cornwall** – circa 3500 units of Extra Care by 2025.
- The Council's strategic programme for Extra Care housing offers **four opportunities** for Extra Care development – re-model existing, establish a strategic partner(s), market shaping, direct delivery

How: our plans for Prevention

Primary Prevention - Promote Wellbeing : We want to help people and communities to help themselves

- access better information and advice
- feel like they belong in the place where they live

Social Inclusion contract starting Oct offering voluntary sector support

Also grant funding for local community-led projects aimed at reducing social isolation

Secondary Prevention - Intervene Early: We want to offer targeted support to people at increased risk

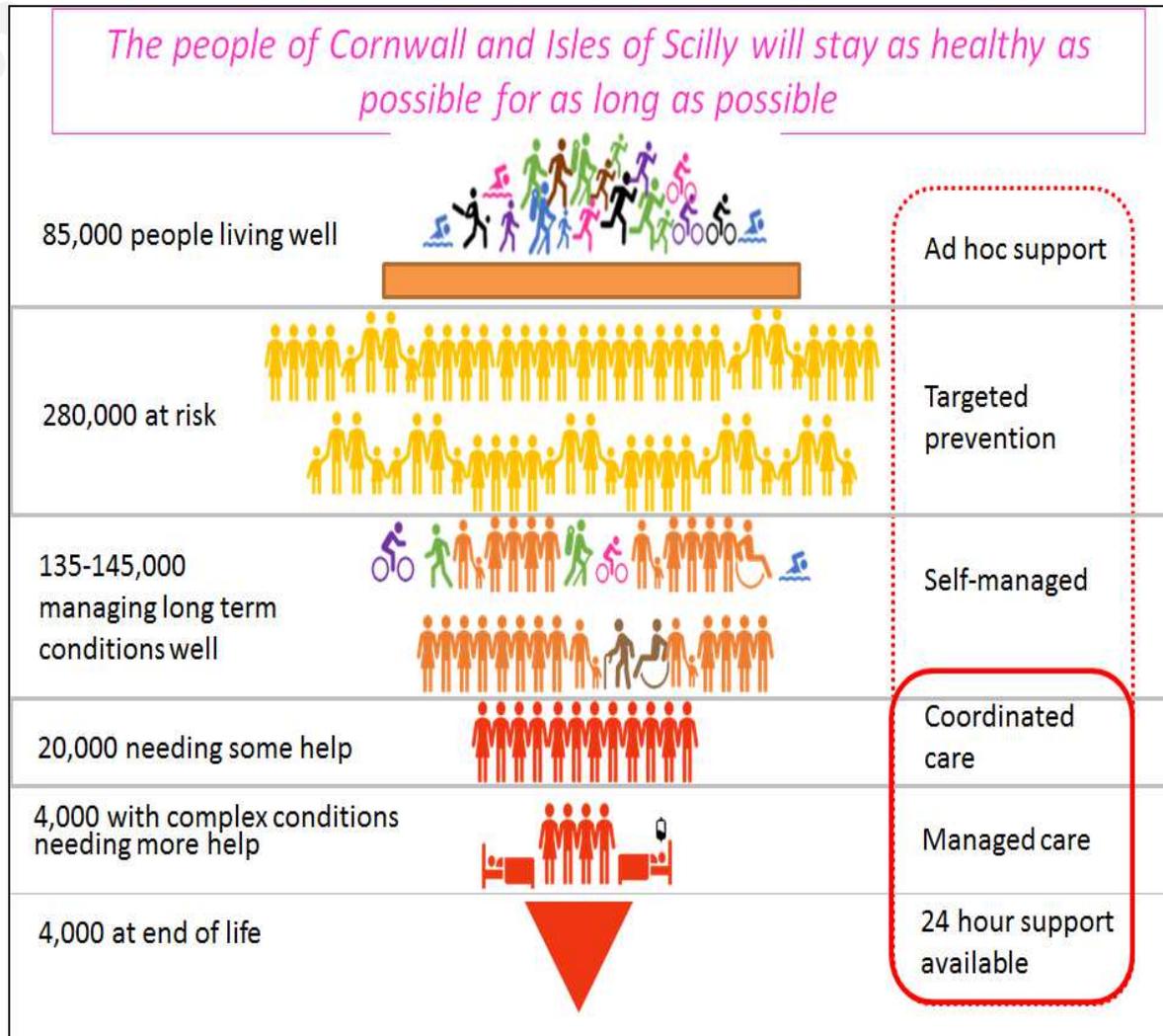
- access appropriate accommodation
- manage their own health and wellbeing
- be as independent as possible

Empowering Independence contracts starting Oct offering support with independent living

Tertiary Prevention - Deliver Preventative Care: We want to improve preventative measures in care

- improve support for family carers
- encourage care providers to promote a strengths based approach

Whole systems Prevention Strategy



What other activities are taking place across the Council, NHS and partners that prevent needs from developing or increasing?

How could we work better together to offer primary and secondary prevention services in Cornwall?

More info on the Council website
www.cornwall.gov.uk/preventionservices



Our approach to delivering services locally

- We are focusing on protection and safeguarding people
- The Council is working with partners to support people, often with complex needs, to live in their communities
- Increased emphasis on working in localities and knowing what the needs of local communities are
- We want to encourage people to work in health, care and wellbeing, and build upon the strengths and skills of the voluntary and community sector



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