

Notes

Meeting: Camborne, Pool, Illogan and Redruth Community Network Meeting

Date: 15 May 2019

Time: 7.00pm-9.00pm

Location: The Art Gallery, The Bungalow, Pool Academy, Church Road, Pool TR15 3PZ

Present	Title/Representing
Councillor Ian Thomas (Chairman)	Cornwall Councillor (Redruth South)
Councillor Dave Biggs	Cornwall Councillor (Camborne Treswithian)
Councillor Jeff Collins	Cornwall Councillor (Camborne Trelowarren)
Councillor Joyce Duffin	Cornwall Councillor (Mount Hawke and Portreath)
Councillor Barbara Ellenbroek	Cornwall Councillor (Redruth Central)
Councillor Mary Anson	Lanner Parish Council
Councillor Chris Bell	St Day Parish Council
Councillor Bob Drew	Carn Brea Parish Council
Councillor Rob Knill	Chacewater Parish Council and Mining Villages Regeneration Group (MVRG)
Councillor Nigel Miles	Carn Brea Parish Council
Councillor Cathy Page	Redruth Town Council
Councillor Rebecca Ryder	St Day Parish Council
Owen Braines	Bangers and Mash Festival
Gill Howes	Member of public
Carol Kitto	Member of public
Stuart Kitto	Member of public
Karen La Borde	Good Companions
Jonty Lees	Artist
Julia Linette	Trevithick Day Society
Claire Meakin	Pool Academy
James Peck	Cornwall Council
Geoff Penhaligon	Office of George Eustice MP
Stuart Thompson	Stroke Association
Nigel Williams	Pool Academy
Allister Young	Coastline Housing
Helen Charlesworth-May	Cornwall Council - Service Director – Adult Social Care
Sue Waring	Cornwall Council – Head of Service (West) Adult Care and Support
3 x Student Representatives	Pool Academy
17 x pupils	Pool Academy
Elisabeth Allcorn	Cornwall Council (Community Support Assistant)
Kevin Bryant	Cornwall Council, Head of Highways and Infrastructure, CLT rep
Charlotte Caldwell	Cornwall Council (Community Link Officer)

Apologies for absence: Dave Ager, Cllr David Atherfold, Carolyn Bagshaw, Cllr Stephen Barnes, Cllr Philip Desmonde, Doris Butler, Neil Colquhoun, Sarah Corber, Leanna Cox, Jan Driver, Cllr David Ekinsmyth, Cllr Graham Ford, Cllr Zoe Fox, Simon Hague, Cllr John Herd, Jackie Holder, George Le Hunte, Lyn Gooding, Inspector Billy McWhirter, Chris Matijasevic, Linda May, Grayburn Owen, Vicki Salvidge, Ewa Taylor, Cllr Margaret Thompson, Cllr Paul White,

Item	Key/Action Points	Log Number (Action by)
1.	<p>Welcome Introductions & Apologies. The Chair welcomed everyone to the meeting and ran through health and safety announcements. Apologies to be circulated after the meeting.</p>	EA
2.	<p>Update from Young People on Community Project: Loneliness and the elderly and Social Media project Students from Pool Academy</p> <p>Nigel Williams (NW), Head of Year 11, introduced the newly nominated school prefects and explained they had a number of questions they would like to put to the panel this evening:</p> <p>Q 1. Do you feel that social media is important in our community? Facebook seems very out of date. Instagram, Snapchat and WhatsApp are preferred social media platforms for our age group.</p> <p>Cllr Joyce Duffin (JD) - Portreath Parish Council still use Facebook to advertise events happening in the community but the days of posters and flyers through doors are gone. JL</p> <p>Cllr Mary Anson (MA) - I use WhatsApp to discuss business issues.</p> <p>Cllr Bob Drew (BD) - added, I think social media is a generational thing. Lots of older people do use social media but equally there are many who don't.</p> <p>Cllr Ian Thomas (IT) - I found Facebook an amazing way to communicate or promote a response. If you need an answer to a question then post it on social media.</p> <p>Pool Academy students asked panel members to indicate which social media platforms they use most regularly out of; Facebook, Snapchat, Instagram, Twitter and WhatsApp.</p> <p>Cllr Dave Biggs (DB) - asked about the dangers associated with using social media? I am aware of a generation of young men that are software engineers and similar and they will not use the current range of social media because they know what can be done with it.</p> <p>Q 2. Pool Academy students asked whether panel members would be willing to send articles to CPIR CNP admin to pass onto Pool Academy for publication on their Facebook page.</p> <p>Cllr Barbara Ellenbroek (BE) - suggested that the students</p>	ALL

	<p>talk to Redruth Town Council who use social media to promote upcoming events. Cllr Rob Knill (RK) – Social media is absolutely essential to promote events and to let people know what is happening. But everyone has a choice as to how often they use social media. MA - asked where the information should be sent to? Rebecca Ryder (RR) - we would like the views of young people in our community.</p> <p>Q 3. Are there any other issues that are hot topics in the CPIR community?</p> <p>RK - The environment, renewable energy and pollution. This is a key issue and getting this out to the wider audience is what we want; we also want to get young people involved. BE – I attended a dementia workshop at Heartlands today. There are lots of issues that are hot topics and Charlotte is really good at promoting these events. IT - If you post something on Facebook can we transfer it onto a different social media platform? Holly and Matthew embarked on a loneliness project and it strikes me that social media could help people who are lonely and isolated. NW - Nigel Williams informed the panel about an eco-project that Pool Academy has just started. We have a ten point plan with a committee to drive this project forward. The eco-project will be school based initially but we plan to roll this out into the community.</p> <p>IT thanked the three students for their interesting questions.</p>	
<p>3.</p>	<p>Presentation on climate change, Karen La Borde, Good Companions</p> <p>IT introduced Karen La Borde (KLB).</p> <p>Please see attached presentation.</p> <p>KLB began with an update of the environmental crisis as it currently stands and reported on progress across Cornish Town and Parish Councils. KLB to send documents to CC for distribution to the CPIR CNP mailing list. Q - What can Town and Parish Council’s do? A - Declare a climate emergency – I have templates here that you can use. KLB talked through the different approaches being taken by Town and Parish Council’s. Planning applications need to move towards renewable energy choices. We can all reduce food waste, swap to a renewable energy supplier, install LED lights, re-wild our gardens and plant more trees. Everybody needs to be on board with this emergency plan. Cornwall Councillors overcame party divisions to declare a</p>	<p>KLB/CC/EA</p>

	<p>Climate Emergency.</p> <p><u>Questions, Answers & Comments:</u> Q – IT - I don't think Town and Parish Councils' are moving quick enough but we have to acknowledge steps that have been taken. Within the CPIR Community Network Area there is the Green Infrastructure for Growth project and also a Place Shaping sub-group focused on Green Infrastructure.</p> <p>Q – DB – A lot of the things that you've suggested are going to have an impact. Population growth is also a consideration. A- KLB - I agree population is an issue – some people are choosing not to have children. The largest consumers of carbon are the developed world. You can eat less meat and educate women on contraceptive choices – these are both key actions.</p> <p>Q - RR – What about contacting our MP's? A - KLB - Extinction Rebellion have met with MP Derek Thomas and Good Companions met with MP Sarah Newton. MP Derek Thomas has been helpful but MP Sarah Newton thinks enough is already being done. Geoff Penhaligon (GP) to pass on contact details for MP George Eustice to KLB.</p>	GP
4.	<p>Presentation on Adult Social Care Helen Charlesworth-May Director – Adult Social Care.</p> <p>Please see attached presentation.</p> <p>IT introduced Helen Charlesworth-May.</p> <p>H C-M - I think the future for Adult Social Care is local. As Mary Anson has just said people want to live in their own homes for longer. However Cornwall Council Adult Social Care has a responsibility to anyone over the age of 18 who has learning disabilities/physical disabilities and needs additional support but still want to live in their own homes.</p> <p>I want to start to build a relationship with communities and would like Adult Social Care to be something that we all think about more regularly. More people stay in care homes for longer in Cornwall than across the rest of the country. Seven to eight years is the average for Cornwall but across the rest of the country this figure is closer to 18 months.</p> <p><u>Questions, Answers & Comments:</u> Q – Cllr Cathy Page (CP) - I think it's a great idea but what about the financial aspect of it? Care requires a lot of manpower and this is not free. A - HC-M - The most expensive type of care is nursing and residential care. But what we are finding is we are providing more care than people actually want/need. In the first two-three weeks when a person needs the care if we invest more</p>	

initially it reduces the costs later on.
We also know about the links between social isolation and dementia.

Comment - Julia Linette (JL) – there is a huge disparity between what you would like to see and what care is actually available. On a Radio Cornwall discussion this morning I heard Devon and Cornwall described as being in a Care Home desert. However my personal experience of carers who support us is that they are excellent.

A – HC-M - I agree it frustrates me that carers are not valued in a monetary way or valued for what they do. What we have done is to introduce the national living wage for all Cornwall Council employees. We also know that for carers it is not just about the money – they love what they do.

Comment - MA – Carers also need a structured career path. I am an ex-nurse and in the 70's geriatric nursing was viewed as a Cinderella role. Negativity amongst carers now is terrible they won't even tell people they are a carer. We want people to know they can progress within these roles.

A - H C-M – 2018 was the 70th Birthday of the NHS – the NHS received bountiful birthday present. Adult Social Care also had 70th birthday last year and also needs continued investment.

Comment – BE - What we are not good at still is putting those care pathways into place. Personally took me a long time to get the right sort of care to support my husband and myself. I'm eloquent and won't stop until I get an answer. But what about those people who can't pursue their case – there are people falling through the net.

A - HC-M – Thank you for bringing this to my attention can you give me more details of this at the end of the CNP.

Q - Allister Young (AY) – What about prevention? If people are living alone how can we help them stay out of care homes?

A – HC-M – Absolutely if people are going to stay in their own homes what do we need to do as community to allow people to do that? That is why I am here today to work with the community. For me personally the level of frailty and mental capacity in the final 12 months of life is not something I ever expected. But these people still need to be having a good life.

Comment - IT – in my line of business I meet a lot of elderly people and what has occurred to me, and in light of this discussion, is that a lot of people would rather go into a home than face the loneliness and isolation that they will experience at home.

A - HC-M – I've been in Cornwall for the last 12 months and for some of that time I was living alone and it was really hard.

	<p>Comment - KLB - it's about planning and personal responsibility. You need to have a living will. My family live multi-generationally – we have one washing machine and one freezer, we grow vegetables and keep chickens and we are fortunate to be within walking distance of a local hospital.</p> <p>A - HC-M - Intergenerational living allows people to live longer – projects have proved this in Germany.</p>	
5.	Refreshment Break	
6.	<p>Community Governance Review Charlotte Caldwell, Community Link Officer, Cornwall Localism team</p> <p>CC encouraged all Town and Parish Councils to make their returns even if it is a nil response - deadline is 17th July. Cornwall Council doesn't want anyone to miss out on the opportunity to respond to the CGR.</p>	
7.	<p>Speakers Corner The opportunity for any member of the audience including Town & Parish Councils to raise any issues/speak on a topic of their choice.</p> <p>Stuart Thompson – Volunteering and Community Manager for Cornwall Stroke Association. A stroke is a blood clot on the brain and the results can be devastating. Possible side effects include a loss of smell or loss of bladder control – this can change your life and that of your partner/family. A mini stroke lasts for hours rather than a lifetime. What isn't discussed so often is that poor mental health is something that people who have a stroke suffer from. Depression/anxiety can make simple decisions/tasks, like; do I have sugar in my tea and remembering the pin number for your bank card, very difficult.</p> <p>ST informed the panel on ways to help prevent a stroke; look after yourself, eat healthily and not too much, make sure you don't have high blood pressure, don't drink too much, socialise and take regular exercise.</p> <p>Most parts of the UK Stroke Association have a contract with the NHS to help people move back into their homes and live better. We don't have this in Cornwall; Stroke Association has invested some money and we are working to set up music groups. The Stroke Association is also working with England Golf – setting up activities for people who may not have played golf before. We don't want to segregate people who have had a stroke – being able to laugh with people who know what it is like to struggle to walk, sing, etc. after having a stroke is very important. Based in Pool Innovation Centre – EA to circulate contact details.</p>	EA

	<p>DB – updated the panel on some research which suggests art is really good for improving hand eye co-ordination after a stroke.</p> <p>Jonty Lees (JL) offered Pool Art Gallery as a venue for Stroke Association meetings – we’d love to host your group at the Art Gallery and can arrange for students to be here too.</p> <p>JL Thanked Cllr Collins and Cllr Desmonde for the community chest grant towards Pool School Art Gallery.</p> <p>We have a sculpture by Jacob Epstein ‘Frisky’ from 1956 it’s a sculpture of his pet dog.</p> <p>BE told panel members about a report produced by Healthwatch Cornwall encouraging people to talk about how they want to die. EA to include link in action notes.</p> <p>Owen Braines (OB) – I have some posters for our Bangers and Mash-Up festival taking place from Friday 19 July – Sunday 21 July at United Downs racetrack. The festival will include workshops, art exhibitions, live music acts, free cream teas and a sing-song for everyone. EA to circulate poster with minutes. OB asked everyone to please take a poster. The festival will be single use plastic free.</p>	<p>EA</p> <p>EA</p>												
<p>8.</p>	<p>Date of next meeting and close</p> <p>The next meeting will be held on Tuesday 2nd July – 7:00pm-9:00pm – Pool Academy Art Gallery</p> <p>IT asked for suggestions for future topics? Cllr Edwina Hannaford, Portfolio holder for Climate Change and Neighbourhoods will be giving a 40 minute talk at the next CNP.</p> <p>Mary Anson offered a tour of Crossroads Care Home, which will be for a future meeting.</p>	<p>ALL</p>												
<p>Dates for your diaries: Future meetings: Wednesday 11th September 2019, Tuesday 12th November 2019 - Venue to be confirmed - 7:00 pm to 9:00 pm.</p>														
<p>Contact Officers:</p> <p>If you have any queries about the Community Network Panel, please contact:</p> <table border="1" data-bbox="219 1633 1437 1843"> <thead> <tr> <th>Name</th> <th>Role</th> <th>Telephone</th> <th>Email</th> </tr> </thead> <tbody> <tr> <td><i>Charlotte Caldwell</i></td> <td>Community Link Officer</td> <td><i>07805860511</i></td> <td><i>Charlotte.caldwell@cornwall.gov.uk</i></td> </tr> <tr> <td><i>Elisabeth Allcorn</i></td> <td>Communities Support Assistant</td> <td><i>01736 336586</i></td> <td><i>Elisabeth.allcorn@cornwall.gov.uk</i></td> </tr> </tbody> </table> <p>Address: Room 3.20, St John’s Hall, Alverton Street, Penzance, TR18 2QW. Website: http://www.cornwall.gov.uk/community-and-living/communities-and-</p>			Name	Role	Telephone	Email	<i>Charlotte Caldwell</i>	Community Link Officer	<i>07805860511</i>	<i>Charlotte.caldwell@cornwall.gov.uk</i>	<i>Elisabeth Allcorn</i>	Communities Support Assistant	<i>01736 336586</i>	<i>Elisabeth.allcorn@cornwall.gov.uk</i>
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