Directory of Drug and Alcohol Services
2012
Our vision

To continue to develop and deliver a drug and alcohol treatment system that:

1. is simple for people to access;
2. allows people to navigate a clear range of pathways, options and choices;
3. is delivered through co-ordinated partnership working;
4. supports recovery and positive community integration at the end of the treatment journey.
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Community Services
Addaction Cornwall

Free and confidential advice, information and support with drug and alcohol problems. You can self-refer by contacting Addaction Cornwall direct or you may be referred by your GP or another professional or family member. Addaction Cornwall also have services in 70 GP surgeries across Cornwall.

Contact details
Truro Office:
Trevint House, Strangways Villa, Truro, TR1 2PA
**Telephone:** 01872 263001
**Fax:** 01872 263002
**E-mail:** Truro@addaction.org.uk
**Website:** www.addaction.org.uk
**Opening times:**
Monday - Wednesday, 9am - 5pm
Thursday, 9am - 7.30pm. Friday, 9am - 5pm
Saturday, 10am - 4pm

Penzance Office:
23/24 Market Place, Penzance, TR18 2JD
**Telephone:** 01736 365467
**Fax:** 01736 331402
**E-mail:** Penzance@addaction.org.uk
**Website:** www.addaction.org.uk
**Opening times:** Monday - Friday, 9.00am - 5.00pm

Liskeard Office:
6 Church Street, Liskeard, PL14 3AG
**Telephone:** 01579 340616
**E-mail:** Liskeard@addaction.org.uk
**Website:** www.addaction.org.uk
**Opening times:** Monday - Friday, 9.15am - 2.45pm
Freshfield Service

Free and confidential advice, information and help for people who have concerns about their own or someone else’s drug use, throughout Cornwall and the Isles of Scilly.

Contact details

Lander House, 5 Upper Lemon Villas, Truro, TR1 2PD

Helpline: 0500 241952
Website: www.freshfieldservice.co.uk
Needle and syringe exchange service across Cornwall.

Alcoholics Anonymous

Alcoholics Anonymous (AA) is an informal meeting society for recovering alcoholics whose primary purpose is to stay sober and help other alcoholics achieve sobriety.

Contact details

AA General Service Office
PO Box 1, 10 Toft Green, York, Y01 7NJ

National Helpline: 0845 769 7555 or 01752 791111 (cheaper rate)
Website: www.alcoholics-anonymous.org.uk

Alcoholics Anonymous meetings for Cornwall can be accessed through the following website address: www.cornwall.gov.uk/default.aspx?page=19785
Narcotics Anonymous

Narcotics Anonymous (NA) is a completely voluntary organisation. Membership is open to anyone with a drug problem seeking help, regardless of what drug or combination of drugs have been used, and irrespective of age, sex, religion, race, creed or class. The only requirement for membership is a desire to stop using drugs.

Contact details

Narcotics Anonymous, UK Service Office
202 City Road, London, EC1V 2PH
Helpline: 0300 999 1212 or 020 7251 4007
E-mail: webservant@ukna.org
Website with details of local meetings:
http://www.ukna.org/meetings
Opening times: 10.00am – 10.00pm, 7 days a week
Out of hours, home divert system runs a 24 hour service
Narcotics Anonymous meetings for Cornwall can be accessed through the following website address:
Gwellheans supports adults in recovery from drug and alcohol issues through its structured day programmes. The service provides a wide range of groups, projects and activities, as well as individual support, and also has links with an extensive range of community resources.

Contact details
Alma Place, Redruth, TR15 2AT
**Telephone:** 01209 211825  
**Fax:** 01209 214957  
**E-mail:** admininfo@gwellheans.co.uk  
**Website:** www.gwellheans.co.uk  
**Opening times:** Monday - Thursday 9.00am – 5.00pm, Friday’s 8.30am - 4.30pm
Cornwall Drugs and Alcohol Team (CDAT)

Cornwall Drugs and Alcohol Team (CDAT) supports the GP community prescribing service and provides the specialist drug and alcohol treatment service for people whose needs cannot be met by other community services. Referral is through GP or other local drug and alcohol services, such as, Addaction, Freshfield Service or Gwellheans (listed within this directory).

Contact details
Tolvean House, West End, Redruth, Cornwall, TR15 2SF
Telephone: 01209 881925
Criminal Justice Intervention Team (CJIT)

The Criminal Justice Intervention Team (CJIT) provides support and a range of treatment interventions for people leaving prison or on court orders. Referral is by police and custody workers, probation and court officers or the prison service.

Contact details
CJIT/DIP Tolvean House, West End, Redruth, TR15 2SF

**Telephone:** 01209 881948/9

**Website:** [www.coastlinehousing.co.uk/supported-living/the_new_connection.html](http://www.coastlinehousing.co.uk/supported-living/the_new_connection.html)

**Opening times:** Monday - Friday, 9am – 5.00pm
Out of hours helpline operated via Crisis Accommodation in Camborne

**Telephone:** 0845 230 1919

**Opening times:** Monday - Friday after 5.00pm
(24 Hours Saturday/Sunday and Bank Holidays included)
Intentions

Auricular acupuncture and head massage therapy to help cravings, stress management and aid relaxation. There is a small charge for this service.

Contact details
4a Bond Street, Redruth, TR15 2QB
Telephone: 01209 821965
E-mail: Nic@intentionscornwall.co.uk (Trainer/Therapist)
joy@intentionscornwall.co.uk (Practice Manager)
training@intentionscornwall.co.uk (for training information)
Office hours: Monday to Friday 9.30am – 5.30pm, Saturday 10.00am – 12.30pm

Promoting Recovery 11
Needle & syringe exchange services
Freshfield Service

Needle and syringe exchange across Cornwall, offering a range of sterile equipment and disposal containers.

Drop in places and times

Truro:
Lander House, 5 Upper Lemon Villas, Truro, Cornwall, TR1 2PD
Mondays, Wednesdays, Thursdays and Fridays: 9.30am - 1.00pm and 2.00pm - 4.30pm
Tuesdays: 2.00pm - 4.30pm.

Falmouth:
Ground Floor, W.I. Hall, 6 Webber Street
Tuesdays: 1.00pm - 4.00pm

Penzance:
2 New Street, Penzance, TR18 2LZ
Tuesdays, Wednesdays and Thursdays: 1.00pm - 5.00pm

Liskeard:
The Coronation Centre, Fair Park Road
(off Dean Street) Near cattle market-
Thursdays: 2.00pm - 5.00pm

Home Visits
If you can’t get to one of our drop-in centres ring 0500 241952 and we will come out to you.
Pharmacists (Chemists)

For anyone wishing to obtain clean needles (supply of standard 1ml, 2ml, 5ml packs) or dispose of used sharps, please visit any of the needle exchange pharmacies below.

**A J Reed**
The Globe, Frances Street, Truro,
Cornwall, TR1 3DP
**Telephone:** 01872 272106
**Fax:** 01872 261994

**Bastion’s Chemist**
16 Chapel Street, Redruth,
Cornwall, TR15 2DB
**Telephone:** 01209 211056
**Fax:** 01209 211056

**Boots UK Ltd.**
47-49 Market Street, Falmouth,
Cornwall, TR11 3AB
**Telephone:** 01326 312373
**Fax:** 01326 315580

44-46 Fore Street, Copperhouse,
Hayle, Cornwall, TR27 4DY
**Telephone:** 01736 752189
**Fax:** 01736 752189

28 Broad Street, Launceston,
Cornwall, PL15 8AE
**Telephone:** 01566 772085
**Fax:** 01566 775438

21 Baytree Hill, Liskeard, Cornwall,
PL14 4BG
**Telephone:** 01579 343183
**Fax:** 01579 343473

15 Bank Street, Newquay, Cornwall,
TR7 1DH
**Telephone:** 01637 872014
**Fax:** 01637 851706
Day Lewis Plc.
17 Dennison Road, Bodmin, Cornwall, PL31 2LL
**Telephone:** 01208 72579
**Fax:** 01208 72579

21 Trelawarren Street, Camborne, Cornwall, TR14 8AD
**Telephone:** 01209 714577
**Fax:** 01209 719328

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The Parade, 4 Pike Street, Liskeard, Cornwall, PL14 3JE
**Telephone:** 01579 342225
**Fax:** 01579 344185

1-3 Victoria Place, St Austell, Cornwall, PL25 5PE
**Telephone:** 01726 72478
**Fax:** 01726 879041

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Dudley Taylor Pharmacies
26 Belle Vue, Bude, Cornwall, EX23 8JS
**Telephone:** 01288 352026
**Fax:** 01288 352026

Green Lane Pharmacy
12 Green Lane, Redruth, Cornwall, TR15 1JT
**Telephone:** 01209 215845
**Fax:** 01209 215845

Halls Pharmacy
Trelawney Road, Helston, Cornwall, TR13 8AU
**Telephone:** 01326 561400
**Fax:** 01326 561400

Lloyds Pharmacy
19 Fore Street, Saltash, Cornwall, PL12 6AF
**Telephone:** 01752 842606
**Fax:** 01752 846038

Narrowcliff Pharmacy
Narrowcliff, Newquay, Cornwall, TR7 2TB
**Telephone:** 01637 872957
**Fax:** 01637 872119

Newlyn Pharmacy
5 The Strand, Newlyn, Cornwall, TR18 5HH
**Telephone:** 01736 362324
**Fax:** 01736 333008

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Leddra Chemist
7 Fore Street, St. Ives, Cornwall, TR26 1AB
**Telephone:** 01736 795432
**Fax:** 01736 798528
Hepatitis C & liver support services
Cornwall Hepatitis C Support Group

Offer help support and information for anyone affected by Hepatitis C. The group likes to meet informally at various venues throughout the county and can offer telephone help, support and advice to those unable to come along to meetings.

Contact details
We aim to answer all calls as soon as we possibly can. We can even call you back to save you the cost of calling us.

**Telephone:** 01326-569048  
**Email:** info@cornwallhepcsupportgroup.org.uk

We also run an online forum please click the link to find us:  
http://hepcnomads.co.uk/phpBB3/index.php

Please note we are entirely a voluntary service and will do our best to go out and meet on a one to one basis if at all possible.
The Hepatitis C Trust Helpline

This national helpline is staffed solely by people with Hepatitis C, some of whom have been through or are currently undergoing treatment.

Contact details

Helpline: 0845 223 4424 or 020 7089 6221  
Helpline E-mail: helpline@hepctrust.org.uk  
Website: www.hepctrust.org.uk/support/Hepatitis+C+Trust+Helpline.htm  
Hours: Open 10.30am to 4.30pm Monday to Friday (except Bank Holidays and the Christmas break, when dates and times may vary).

The British Liver Trust

The British Liver Trust is the UK’s national liver charity for adults, working to prevent liver disease and improve treatment and support for people at risk from all forms of liver disease. The Trust runs a medical information helpline, provides publications and a website, facilitates support groups and offers research grants into liver disease.

Contact details

British Liver Trust, 2 Southampton Road, Ringwood BH24 1HY  
Telephone: 01425 481320  
Free medical helpline: 0800 652 7330  
E-mail: info@britishlivertrust.org.uk  
Website: www.britishlivertrust.org.uk
NHS Direct

24 hour confidential helpline staffed by qualified and experienced nurses. Calls are charged at local rates.

Contact details
Telephone: 0845 4647
Website: www.nhsdirect.nhs.uk

Health Promotion Service

Supplies free, useful information, including guides for parents and carers, and young carers, on all aspects of health promotion. The service also keeps the contact details for all pharmacies in the county who operate a needle exchange service. Call during normal working hours to obtain details.

Contact details
Kernow Building, Wilson Way, Redruth, TR15 3QE
Telephone: 01209 313419
Fax: 01209 314491
Website: www.healthpromcornwall.org
Bodmin Support Group for Affected Others

Bodmin Support Group for Affected Others is available for people affected by family members using drugs or alcohol. This group offers the chance to talk things over with other people in the same position. No appointment is necessary and the service is completely confidential. Meetings are held at Shire House in Bodmin on Tuesday evenings 7.00pm - 9.00pm fortnightly.

Addaction Cornwall

Addaction Cornwall provide weekly support groups in Liskeard, Penzance, Redruth and Truro. No appointment is necessary.

Contact details

Truro Office: 01872 263001
Liskeard Office: 01579 340616
Penzance Office: 01736 365467
Breaking the Cycle (BTC)

The majority of people who have drug or alcohol problems have families, particularly children who may be affected by their substance misuse. BTC works with substance-misusing parents to break the cycle of inter-generational misuse. By supporting the family to ensure that their needs are met, both the person with the substance misuse problem and the family can achieve better outcomes.

BTC provides individual support packages and Breaking the Cycle Family Groups across Cornwall where families can meet and talk to others with similar experiences. The service works with other agencies to ensure that families receive integrated support to meet their needs.

Contact details
Addaction BTC Service, 6 Church Street, Liskeard, PL14 3AG
Telephone: 01579 340616
E-mail: Liskeard@addaction.org.uk
Website: www.addaction.org.uk

Freshfield Service

Provides information and advice for families and friends of drug users.

Contact details
Lander House, 5 Upper Lemon Villas, Truro, TR1 2PD
Helpline: 0500 241952
Website: www.freshfieldservice.co.uk
Moving Parents and Children Together (MPACT)

M-PACT helps children aged between 10-16 whose parents have drug and/or alcohol problems. Children, young people and parents from different families are invited to meet together, where a team of four people will help them find ways to get on with each other, so that life improves and becomes safer for everyone.

Contact details
E-mail: info@theBigGive.org.uk

Adfam

Adfam is a national organisation working with and for families affected by drugs and alcohol. Families need support. The strain of living with someone else’s drug or alcohol use is more than most people can cope with alone.

Contact details
25 Corsham Street, London, N1 6DR
Telephone: 020 7553 7640 (please note we do not operate a helpline - see the find help section for further information)
Fax: 020 7253 7991
E-mail: admin@adfam.org.uk
Website: www.adfam.org.uk
Al-Anon

Al-Anon Family Groups provide understanding, strength and hope to anyone whose life is, or has been, affected by someone else’s drinking.

Contact details
61 Great Dover Street, London, SE1 4YF
**Telephone:** 020 7403 0888
**Fax:** 020 7378 9910
**E-mail:** enquiries@al-anonuk.org.uk
**Website:** www.al-anonuk.org.uk
**Opening times:** Helpline 10.00am - 10.00pm, 365 days a year
Al-Anon Family Group meetings in Cornwall can be accessed through the following website address:
www.cornwall.gov.uk/default.aspx?page=19784
Kernow Young Carers

Kernow Young Carers provides direct support to young carers (under 18’s) and their families, organising short breaks, activities and local groups. Planned support is provided to increase the positive experiences of caring and practical help to reduce the negative experiences.

Contact details

You can contact the Family Support Practitioners (main office) at:
Trevu Children’s Centre, Trevu Road, Camborne TR14 7AD
**Telephone:** 01209 610277
**E-mail:** cornwall.localprojects@actionforchildren.org.uk
**Web:** www.actionforchildren.org.uk

West Cornwall:
**Contact:** Dawn Maddern
**Telephone:** 07921 940587
**E-mail:** dawn.maddern@actionforchildren.org.uk

Mid Cornwall (Redruth, Newquay, Truro):
**Contact:** Kevin Downing
**Telephone:** 07921 092975
**E-mail:** kevin.downing@actionforchildren.org.uk

Mid Cornwall (Falmouth, Penryn, St Austell):
**Contact:** John Lewis
**Telephone:** 07739 079223
**E-mail:** john.lewis@actionforchildren.org.uk
Detoxification
There are a whole range of ways to come off drugs and alcohol in Cornwall & Isles of Scilly. This can be supported:

- in your own home, supported by specialist staff
- in some community hospitals
- in our purpose built specialist unit, Boswyns and in out of county specialist units if required.

If you wish to access detoxification services, and are not already using one of the specialist local community service, please contact either Addaction or the Freshfield Service (listed earlier in this directory), who will undertake an assessment and help you to access the service that would best meet your needs.
Residential rehabilitation
Bosence Farm Community

Bosence Farm Community provides temporary supported housing, with a structured recovery programme, for those recovering from alcohol/drug dependence. It offers a 12 Step, total abstinence approach to recovery in a safe, stable and peaceful setting. The referral process can be started by telephone. Self referrals are accepted. The length of stay is according to individual needs between 6 and 12 months. Aftercare support is also provided when people leave on planned resettlement.

Contact details
69 Bosence Farm, Bosence Road, Townshend, Hayle, TR27 6AN
Telephone: 01736 850006
E-mail: info@bosencefarm.com
Website: www.bosencefarm.com
Chy Colom

Chy Colom is a therapeutic residential rehabilitation, for people who have detoxified and want to remain abstinent. The programme is designed to tackle the issues associated with drug and alcohol dependency and to promote positive health changes.

Contact details
Chy-Colom, Agar Road, Truro, TR1 1JU
Team line: 01872 262414
Manager/referrals direct: 01872 320197
E-mail: chycolom@addaction.org.uk
Website: www.addaction.org.uk
Opening times: 24 hours

Out of County residential services

It is also possible to access residential services out of Cornwall. For more information:

Contact details
Rehab-online: http://www.rehab-online.org.uk
Or contact Addaction Cornwall (listed under community services)
Accommodation & housing advice services
Cornwall Council Housing Options

Housing Options provide a high quality, customer focused service to people who are homeless or at risk of becoming homeless and empowers customers to make informed choices about their housing solutions.

Contact details
Telephone: 0300 1234 161
E-mail: housing@cornwall.gov.uk

Supporting People Programme

Supported housing and short term floating support may be available. There are also drop in locations across Cornwall. Services provide housing related support to people with various needs.

Contact details
E-mail: spteam@cornwall.gov.uk
Website: http://www.cornwall.gov.uk/default.aspx?page=24117
Shelter

Housing information, advice and advocacy.

Contact details
Shelter Housing Advice Centre
Palace Building, Quay Street, Truro, TR1 2HE
Telephone: 0844 515 2300
E-mail: cornwall@shelter.org.uk
Website: http://www.shelter.org.uk/

Shelter Private Sector Access Scheme (rough sleepers)

Contact details
Telephone: 03445 152314

Breadline

Services for homeless people include showers, laundry, GP surgery, housing advice and community café in Penzance.

Contact details
Bread Street, Town Centre, Penzance, TR18 2EQ
Telephone: 01736 366767
Supported accommodation services
Cosgarne Hall

Cosgarne Hall provides supported accommodation for 40 single homeless people in an alcohol-tolerant service. This service accepts anyone from anywhere, including offenders, people with learning difficulties and those with drug and alcohol addictions and other problems. Services include: accommodation, café, support, advocacy and counselling.

Contact details
81 Truro Road, St. Austell PL25 5JQ
Telephone: 01726 74186
Fax: 07092 314561
E-mail: support@cosgarne.com
Website: www.cosgarne.com

Glen Carne

Supported accommodation for single homeless males with opportunities and commitment towards education and training.

Contact details
Glen Carne Housing and Support, Barkla Shop, St Agnes, Cornwall, TR5 0XN
Telephone: 01872 554141
Website: http://www.glencarne.com/
Email: glencarnefoyer@aol.com
Independent Futures
Newstart Project

Independent Futures run this 15 bed project in Truro. Newstart offers a range of services for people who are socially excluded, including those with an unsettled way of life or chaotic lifestyle. The accommodation is in two stages, enabling residents to stabilise in stage 1, before beginning to prepare for independent living in stage 2. The length of stay at Newstart is up to 2 years. Referrals will be single or childless couples over the age of 18 years.

Contact details

Telephone: 01872 267335
**St Petroc’s Society**

Advice, advocacy and support work to all single homeless (or potentially homeless) people. Services included outreach, hostels, resettlement and bond scheme. GP surgery based in Truro branch, with Community Psychiatric Nurse (CPN).

**Contact details**

8 City Road, Truro, TR1 2JJ  
**Telephone:** 01872 264153  
**Website:** www.stpetrocs.org.uk

**Stonham**

Provides housing related support to meet a wide range of needs.

**Contact details**

Cornwall Area Office  
Rooms 10 and 11, Enterprise House, St Austell Bay Business Park, Par Moor Road, St Austell, PL25 3RF  
**Telephone:** 01726 814684  
**Website:** http://www.homegroup.org.uk
Stonham Fairholme

Fairholme is a 6 bedded shared house in St Austell that supports single people with needs relating to substance or alcohol use. Services include health awareness, basic living skills, training and use of leisure time. Residents are expected not to use illegal or non-prescribed drugs during their stay, which normally lasts up to 2 years.

Contact details
Stonham Fairholme, 9 Tremena Road, Cornwall, PL25 5QG
Telephone: 01726 67145
E-mail: karen.larter@homegroup.org.uk
Stonham Kekewich Dual Diagnosis Service

Kekewich Dual Diagnosis Service is a 6 bedded supported housing project for 6 clients with a history of mental health problems who are also in recovery from drug and/or alcohol problems. Staff, work in partnership with other agencies involved to ensure clients receive the appropriate package of individual support and a planned move into more independent accommodation.

Contact details

Kekewich Villas, Station Road, Liskeard, PL14 4DN

Telephone: 01579 343690
Email: Vicky.martin@homegroup.org.uk
Opening times: Monday - Friday, 9.00am - 9.00pm
Saturday and Sunday, 9.00am - 9.00pm (Security)
Stonham Complex Needs Service

Stonham’s Complex needs service in Cornwall provides supported accommodation and a floating support service to clients with both mental health and drug and alcohol issues. Hostel type accommodation is available with support staff on site. Referrals to all services to be directed to the telephone/email below. Referrals can be forwarded via other agencies, GP’s or self referral.

Contact details
Telephone: 01209 313420
Email: Gillian.Wharpshire@homegroup.org.uk
Coastline Homeless Service (Previously known as The New Connection)

Coastline Homeless Service works in west Cornwall serving the homeless and rough sleepers who are often drug and/or alcohol dependent. They have supported accommodation in Camborne, Pool and Redruth, and a Crisis Accommodation project. The Camborne Resource Centre offers resettlement support, a Substance Misuse Worker, Cornwall Health for Homeless surgery and a range of programmes delivered in partnership with education providers.

The Coastline Homeless service is contracted to deliver the Cornwall & IOS Drug Intervention Programme and Priority & Prolific Offender Housing.

### Contact details

**11 Basset Road, Camborne, TR14 8SG**

**Resource Centre**

**Telephone:** 01209 200086  
**Open Hours:** Mon – Fri, 9am – 5pm

**Resettlement**

**Telephone:** 01209 200252/251  
**Open Hours:** Mon – Fri, 9am – 5pm

**Supported Accommodation**

**Telephone:** 01209 200264

**Crisis Accommodation**

**Telephone:** 01209 713457  
**Open Times:** Mon – Fri, 5pm – 9am and anytime Weekends

**Drug Intervention Programme**

**Telephone:** 01209 881949  
**Out of Hours Local number:** 0845 230 1919  
**Open Hours:** Mon – Fri, 9am – 5pm and anytime Weekends

**Website:**  
www.coastlinehousing.co.uk

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Employment, Training and Education Provision
Job Centre Plus

Job Centre Plus provides flexible and personalised help to get people into work. For claimants in treatment, Job Centre Plus advisers can work with clients and treatment key workers to consider a range of options that supports an individual’s recovery care plan, including volunteering, employment, training and education.

Contact details

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<tr>
<th>Location</th>
<th>Telephone</th>
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<tbody>
<tr>
<td>Bodmin</td>
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<td>Redruth</td>
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<tr>
<td>St Austell</td>
<td>01726 294025</td>
</tr>
<tr>
<td>Truro</td>
<td>01872 355183</td>
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</tbody>
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Cornwall Works with Families

If you are over 16, not working and someone in your family is getting a benefit from Job Centre Plus then Cornwall Works with Families can help. They provide 12 months of support and a further 6 months in work support to help you overcome any barriers to finding and sustaining employment.

Contact details

Cornwall Works Hub
Telephone: 01872 355015
Email: info@cornwallworks.org.uk
Services for young people
YZUP (Wise up)

YZUP offers support, information and advice to young people under the age of 18 about drugs and alcohol. They can also give advice to people concerned about young people’s drug or alcohol use.

Contact details

Telephone number for young people:
0800 1693 787 (free phone)

Telephone number for professionals: 01872 263895

Cornwall Share

Advice, information and counselling service, including alcohol or drugs problems, for young people. Local offices listed below.

Contact details

Bodmin:
Telephone: 01208 79252
E-mail: bodminshare@youthcornwall.org.uk

Camborne:
Telephone: 01209 711500
E-mail: camborneshare@youthcornwall.org.uk

Liskeard:
Telephone: 01579 349689

Newquay
Telephone: 01637 872070

Penzance:
Telephone: 01736 361059
E-mail: penzanceshare@youthcornwall.org.uk

St Austell:
Telephone: 01729 69144
E-mail: staustellshare@youthcornwall.org.uk
Young People Cornwall
Information, education and support for young people about alcohol, drugs and other health/youth issues.

Contact details
61 Lemon Street, Truro, Cornwall TR1 2PE
Telephone: 01872 222447
Website: www.ypc.org.uk

Zebs Young People’s Project
Information and support to young people about alcohol, drugs and other health/youth issues. Café, activity and group work facilities.

Contact details
Zebs Café, The Leats, Truro, TR1 3AG
Telephone: 07760 786861
E-mail: staff@zebs.ypc.org.uk
Domestic violence
Awake Asleep And In Between (AAAIB)

Contact details
86 Stennack Road, Holmbush, St Austell, PL25 3JQ
Telephone: 01726 814582
E-mail: sue@aaaib.co.uk
Website: www.aaaib.co.uk

Broken Rainbow

Provide support and information for LGB/T people experiencing domestic violence.

Contact details
Telephone helpline: 0300 999 5428 (Monday: 2.00pm – 8.00pm, Wednesday: 10am – 5.00pm, Thursday: 2.00pm – 8.00pm)
Office telephone: 08452 60 55 60 (Monday - Friday: 9.00am - 5.00pm)
E-mail: mail@broken-rainbow.org.uk
Website: http://www.broken-rainbow.org.uk

Cornwall Women’s Refuge Trust (Mid Cornwall): 01872 225629
West Cornwall Women’s Aid (West Cornwall): 01736 367539
Women’s Rape and Sexual Abuse Centre (East Cornwall): 01208 79992
For more information:
http://safercornwall.co.uk/what-we-do/domestic-abuse-sexual-violence/
Diversity links in Cornwall
Some people who use drug and alcohol services will require other advice. The following are diversity specialists who can offer information and advice to people in Cornwall.

**Gender/Transgender/Sexual orientation**

**The Intercom Trust**  
Lesbian/Gay/bisexual/Trans (LGBT)  
A confidential helpline, advocacy and support service  
**Contact details**  
**Helpline:** 0800 612 3010  
**E-mail:** helpline@intercomtrust.org.uk  
**Website:** [http://www.intercomtrust.org.uk](http://www.intercomtrust.org.uk)

**Lesbian Gay Bisexual and Trans Partners and Communities Together (LGBT PACT)**  
LGBT PACT is led by the Police, community members and groups to identify and address the priorities of the LGBT communities in Cornwall.  
**Contact details**  
**Website:** [http://neighbourhoodpolicing.devon-cornwall.police.uk/diversity/Cornwall_IOS/Pages/default.aspx](http://neighbourhoodpolicing.devon-cornwall.police.uk/diversity/Cornwall_IOS/Pages/default.aspx)  
You can contact them via the ‘contact us’ link on the above website.
The Gender Trust
Gender Trust, Community Base, 113 Queens Road, Brighton, BN1 3XG
**Telephone:** 01273 234024 (admin)
**E-mail:** info@gendertrust.org.uk
**Website:** www.gendertrust.org.uk

GIRES
The Gender Identity, Research and Education Society
The Gender Identity Research & Education Society, Melverley,
The Warren, Ashtead, Surrey, KT21 2SP
**Telephone:** 01372 801554
**E-mail:** info@gires.org.uk
**Website:** www.gires.org.uk

Mermaids
An organisation for Transgender young people

**Contact details**
BM Mermaids, London, WC1N 3XX
**Information line:** (0208) 1234819
Monday - Saturday, 3.00pm - 7.00pm only, UK Time, when staffed,
answer phone at other times - local rates.
**E-mail:** info@mermaidsuk.org.uk
**Website:** http://www.mermaidsuk.org.uk/
Women’s centres

WRASAC (Women’s centre)
P.O. Box 39, Bodmin, PL31 1XF
Rape and sexual abuse helpline: 01208 77099 (Monday - Thursday 10.00am - 1.00pm and Monday 7.30pm - 10.00pm)
Women’s Domestic Violence Support Network: 01208 79992 (Monday 7.30pm - 10.00pm and Thursday 10.00am - 1.00pm)
Website: www.wrsac.org.uk

West Cornwall Women’s Aid
P.O. Box 94, Penzance, TR18 2XP
24 hour National Domestic Violence Helpline: 0808 2000 247
Helpline: 01736 367539 (Monday – Fridays 10.00am – 3.00pm)
Refuge helpline: 01736 332711 Monday – Friday 10.00am – 9.00pm, Saturday - Sunday, 12.00pm – 4.00pm
E-mail: info@womensaid.org.uk
E-mail helpline: helpline@womensaid.org.uk
Website: www.womensaid.org.uk

Disability

Disability Cornwall
Telephone number: 01736 759500
Email: info@disabilitycornwall.org.uk
Website: www.disabilitycornwall.org.uk
Race

Unity
Black and minority ethnic (BME) organisation in Cornwall.

Contact details
Telephone: 01872 264232
Website: www.unitycornwall.org.uk

Black & Minority Ethnic Partners And Communities Together (BME PACT)
BME PACT is led by the Police with community members and partners to identify and address the priorities of the BME communities in Cornwall. E-mail for more information or for how to get involved.

Contact details
Diverse Communities Manager, c/o Bodmin Police Station, Bodmin, Cornwall
E-mail: BME-PACT@hotmail.com or CIOSDIVERSITY@devonandcornwall.pnn.police.uk
Website: http://neighbourhoodpolicing.devon-cornwall.police.uk/diversity/Cornwall_IOS/Mid/Pages/BMEPACTFeedback.aspx
Council for Racial Equality in Cornwall (CREC)
Dean Harvey, Chair of CREC
**Telephone:** 07515 580002
**E-mail:** dean@pentreath.co.uk

Unity
**Telephone:** 01872 264232
**Website:** unitycornwall.org.uk

Migrants Workers Forum & Inclusion Officer, Cornwall
**Telephone:** 01872 355015
**E-mail:** info@cornwallworks.org.uk
**Website:** www.cornwallworks.org.uk

Travellerspace
**Telephone:** 01736 366 940
**E-mail:** tspace@travellerspace-cornwall.org

Plymouth and district Racial Equality Council
**Telephone:** 01752 224555
**E-mail:** a.wilkinson@plymouthrec.org
Pentreath Ltd.
Community development for minority ethnic community members, support and advocacy in health.

Contact details
Telephone: 01726 862727
Website: www.pentreath.co.uk

Cornwall Migrant Worker Group
E-mail: ciosmigrantworkersteam@devonandcornwall.pnn.police.uk
Website: http://neighbourhoodpolicing.devon-cornwall.police.uk/diversity/Cornwall_IOS/Pages/MigrantWorkersOfficer.aspx

Inclusion, Cornwall, Cornwall Council
Telephone: 01872 355015
E-mail: info@cornwallworks.org.uk
Website: www.cornwallworks.org.uk

Equality South West
Telephone: 01823 250 811
Website: www.equalitysouthwest.org.uk

Travellerspace
E-mail: tspace@travellerspace-cornwall.org
Website: www.gypsy-traveller.org/cyberpilots/Projects/travellerspace.htm
Amber Initiatives
Support and advice for migrant worker communities available in various languages.

Contact details
Telephone: 0787 373 8828 / 07516 055 011/ 07522 675 486
Website: www.amber-initiatives.co.uk

Religion & belief

Cornwall Faith Forum
Telephone: (01872) 274351
E-mail: andrew.yates@truro.anglican.org
Age

Age Concern, Cornwall and Isles of Scilly
Telephone: 01872 266388
Website: www.ageconcerncornwall.org.uk

Fusion Project (part of Young People Cornwall)
Support for young people experiencing racism
Contact details
Telephone: 01872 222447
E-mail: kerrieb@ypc.org.uk
Website: www.ypc.org.uk

Equality and Diversity

Cornwall County Council
E-mail: equality@cornwall.gov.uk

Diversity network for Cornwall
Telephone: 01872 263464
Cornwall Equality and Diversity Group

Contact: Kate Milton
E-mail: kate.milton@piospct.cornwall.nhs.uk

Equality South West

Telephone: 01823 250 811
Website: www.equalitysouthwest.org.uk
Useful local links
Welfare Rights/Benefits Advice: 0800 882200
Cornwall Social Care: 0300 1234 131
Citizens Advice Bureau: 08444 99 4188
Relate: 01726 74128
CRUSE - Bereavement Counselling: 01726 76100
Cornwall Eating Disorders Service: 01872 354340
Cornwall Victim Support: 0845 30 30 900
Cornwall Counselling Centre: 01872 242298
Cornwall Police Stations: 101
Cornwall Council: 0300 1234100
The Welfare Rights Team: 01872 324470
Useful national links
Talk to Frank

Free confidential drugs information and advice 24 hours a day, for users, parents, carers, etc. Telephone calls from landlines are free and will not show up on phone bills. You can speak to Frank in 120 languages: just call for advice.

Contact details

Telephone: 0800 77 66 00
Text: 82111
E-mail: frank@talktofrank.com
Website: www.talktofrank.com

Al-Anon

Al-Anon Family Groups provide understanding, strength and hope to anyone whose life is, or has been, affected by someone else’s drinking.

Contact details

61 Great Dover Street, London, SE1 4YF
Telephone: 020 7403 0888
Fax: 020 7378 9910
E-mail: enquiries@al-anonuk.org.uk
Website: www.al-anonuk.org.uk
Opening times: Helpline 10.00am - 10.00pm, 365 days a year
DRUG & ALCOHOL ACTION TEAM

The purpose of the Drug and Alcohol Action Team is to ensure the delivery of the national and local drug and alcohol strategies, to reduce the harm that illegal drug use and alcohol misuse causes individuals, families and communities and increase the numbers recovering from dependency.

The Drug and Alcohol Action Team work on behalf of partner agencies, including those from social care, health and criminal justice services to:

- commission the range of drug and alcohol services for individuals and families across Cornwall and Isles of Scilly, including advice and information
- co-ordinate activity so that organisations work closely and co-operatively together
- provide information to individuals, organisations and communities.

Contact details
Tolvean House, West End, Redruth, TR15 2SF
Telephone: (01209) 881914
E-mail: Leanne.Tarbox@ciospct.cornwall.nhs.uk
Website: http://www.cornwall.gov.uk/drugsandalcohol