



## **This guide note seeks to guide you on how health and wellbeing can be included in your neighbourhood development plan (NDP).**

The localism agenda means that communities have greater statutory support to take positive action to improve health and wellbeing, for example, by identifying new facilities or improving the quality of the design of new buildings.

NDPs must conform with the strategic elements of the Local Plan, including the provision of health infrastructure and other local facilities. The Proposed Submission Cornwall Local Plan includes a policy on health and wellbeing that encourages:

- Maximising the opportunity for physical activity, including sports and leisure;
- Provision of green and open spaces for communal and social use with good access to the natural environment;
- Provision for growing local food;
- Maximising the opportunity for active travel.

Health and planning issues that may be considered when developing an NDP could include the provision of health facilities and/or the promotion of healthy lifestyles. You may wish to look at new ways to provide local health facilities, for example through the shared use of community buildings; and improving access to health facilities. Or the focus may be on the promotion of healthy lifestyles and wellbeing through the provision of:

- Leisure facilities, play areas, sports pitches;
- Opportunities for physical activity and active travel, walking and cycling paths and routes;
- Areas for growing local food such as the provision of allotments.

### **Resources:**

The following health resources may help support neighbourhood planning:

- Joint Strategic Needs Assessments (JSNA) - NHS Kernow and Cornwall Council are preparing an assessment of the relevant health and social care needs of the area through the health and wellbeing board – this is the JSNAs. [It is available here.](#)
- Joint Health and Wellbeing Strategy (JHWS) - JHWS will be based on the needs identified in JSNAs, and will be shaped by views gained from involving the community. [It is available here.](#)
- Reuniting Health with Planning (TCPA, 2012) - [A useful guide to planning and health.](#)

If you wish to contact someone about health facilities, please contact NHS Kernow.

If you need support on public health, healthy lifestyles and wellbeing issues contact Public Health Cornwall on 01726 627721.



The questions below are designed as a prompt to help identify opportunities and challenges relating to your community's health and wellbeing.

**Mix of land-use** - How can proposals/plans:

- Provide a diverse mix of land uses
- Improve the availability, affordability and quality of housing
- Improve water management and reduce flood risk

Further comments:

**Street layout, connectivity and active travel** - How can proposals/plans:

- Enhance neighbourhood attractiveness, layout and design
- Provide and promote opportunities for physical activity, including walking and cycling
- Promote physically active travel (such as walking, cycling and use of public transport)
- Limit traffic speeds and traffic noise, and make the street environment safer and more pleasant for walking, cycling and community interaction
- Reduce or avoid steady flows of traffic that prevent communal use of the street

Further comments:

**Access to public and other services** - How can proposals/plans:

- Improve access to health care, education, employment, leisure facilities, and social, cultural and sporting facilities
- Increase access to services for marginalized groups
- Influence/Improve the provision of public transport

Further comments:

**Open and green space** - How can proposals/plans:

- Influence the provision of open spaces and enhance green infrastructure (such as tree planting and green corridors in urban areas)
- Improve access to open and green spaces
- Preserve and enhance existing green infrastructure, for example with green roofs, green security, planted areas, living walls

Further comments:

**Affordable and energy efficient housing** - How will proposals/plans:

- Reduce energy use
- Help the development of practices and/or technologies that are low-carbon or carbon neutral
- Reduce fuel poverty

Further comments:



**Safety and security** - Will the proposal/plan:

- Increase the resilience of the area to the potential impacts of climate change
- Reduce crime and the fear of crime
- Reduce hazards and instances of accidental injury, including road traffic injuries

Further comments:

**Food and lifestyle** - How can the proposal/plan:

- Improve the location of food production and availability of local food outlets to meet local needs
- Improve opportunities for growing local produce such as allotments
- Not include the creation of unhealthy food outlets
- Limit or reduce the use of alcohol, cigarettes and non-prescribed drugs

Further comments:

**Air quality and noise** - How will the proposal/plan:

- Enhance land, air and water quality
- Enhance pollution prevention and control, including odour, waste and nuisances
- Minimise exposure to noise pollution

Further comments:

**Access to Employment** - How can the proposal/plan:

- Influence investment, including the creation of employment and the development of employment skills
- Offer opportunities for training

Further comments:

**Social Cohesion** - How will the proposal/plan:

- Promote social cohesion and public interaction
- Promote social support and networks

Further comments:

**Vulnerable or disadvantaged population groups** - How will the proposal/plan affect key population groups, such as:

- Children,
- Young people
- Older people
- People on low income or unemployed
- Groups who suffer discrimination or other social disadvantage
- Religious or faith groups
- Those living in areas with poor economic, health, access or other outcomes

Further comments: