



Blisland



Bodmin Moor



Roughtor

## The North Cornwall Trail

Following the upper reaches of the Camel Trail out of Bodmin and onto the quiet lanes of Bodmin Moor, the route wends its way through pretty villages and across beautiful open moors. Sections of the trail offer panoramic views across to the coast before dipping back into more sheltered valley bottoms. Heading north across the disused airfield at Davidstow, the trail crosses some of the most remote parts of Cornwall. Near Hallworthy the route splits, offering users the choice of taking the stunning... but energetic... coastal route, or the less strenuous inland route. At Bude the route turns east, crossing the county boundary into Devon and links into the rest of the National Cycle Network.



## How to get there

**Rail** - Bodmin parkway is situated on the main line.

**Coach** - National Express

**Public Transport** - [www.traveline.org.uk](http://www.traveline.org.uk)

Tel: 0870 608 2 608

**Car** - These routes make use of existing car parking facilities.



Bodmin

Marhamchurch

## Further Information

For more detailed information refer to OS Landranger maps 190 and 200 or The Cornish Way map issued by Sustrans. Other guides are available from the local Tourist Information Centres.

## Tourist Information Centres

- 📍 **Bodmin**, Shire House, Mount Folly,  
Tel: 01208 76616
- 📍 **Camelford**, North Cornwall Museum, Cleas  
Tel: 01840 212954
- 📍 **Bude**, Crescent Car Park  
Tel: 01288 354240

## Contacts

**Cornwall County Council**

Tel: 01872 222000 or  
[www.cornwall.gov.uk](http://www.cornwall.gov.uk)

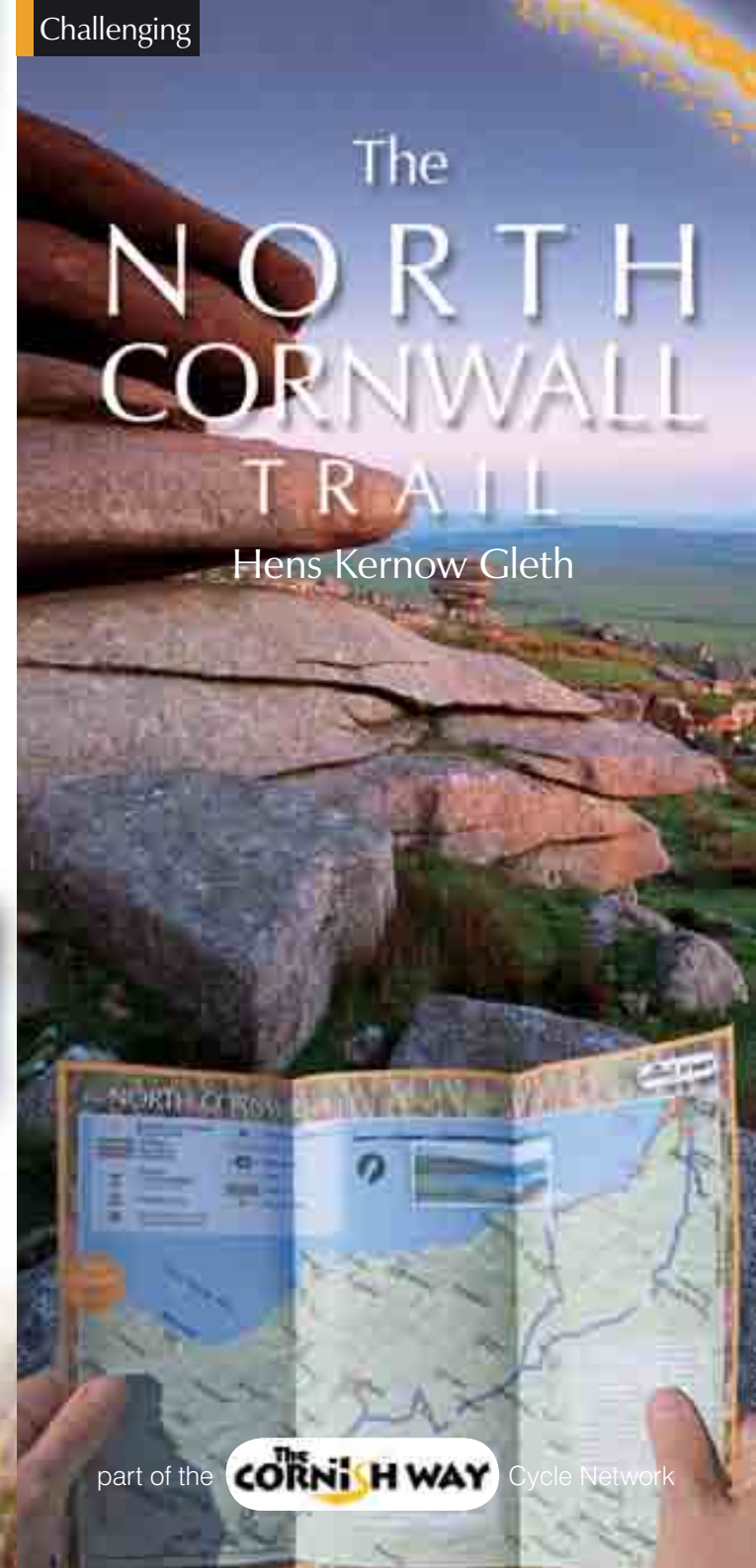
[www.cyclecornwall.com](http://www.cyclecornwall.com)

[www.nationalcyclenetwork.org.uk](http://www.nationalcyclenetwork.org.uk)



# The NORTH CORNWALL TRAIL

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part of the **THE CORNI H WAY** Cycle Network

